



PSHE Subject Specific Vocabulary

‘Together we unlock potential and learn for life’

	Explore	Engage	Reflect
EYFS/KS1 Generic Vocabulary	Engage with Talk about Explore Ask questions Recognise Listen and respond	Listen to Find out about Identify Hear and respond	Ask and respond imaginatively to questions. Talk about
Themes	Living in the Wider World	Health and Wellbeing	Relationships
EYFS	Myself Feelings Being gentle Rights Responsibilities Talents Families Home Friends Standing up for myself Challenges Perseverance Jobs Help	Exercise Healthy food Physical activity Sleep Clean Bodies Respecting my body Fun Fears Growth	Family life Friendship Falling out
Y1	Special Safe Community Consequences Rewards Similarities Differences Bullying Celebrating Success Achievement Learning styles Overcoming obstacles	Medicine Medication Road safety Life cycles (animal/human) Male Female Changes	Belonging Physical contact Preferences Celebrations Bullying Feelings

Y2	Hope Fear Fair Valuing Contributions Choices Assumptions Stereotypes Gender Gender diversity Realistic Strengths cooperation Contributing	Relaxation Nutrition Lifestyle Life cycles (plants) Young Old Independence	Boundaries Secrets Trust Appreciation Behaviour Bullying
KS2 Generic Vocabulary	Explore	Engage	Reflect
	Make links Ask questions Talk about Raise questions Show Talk to	Find out about Identify Investigate Make Links Compare and contrast Explore Make suggestions Research Show	Consider Enter imaginatively Make links Reflect imaginatively Explain Show
Themes	Living in the Wider World	Health and Wellbeing	Relationships
Y3	Goals self-worth Positivity Challenges Perspectives Diverse families Family conflict Child-centred Compliments Witness Solutions Ambitions Enthusiasm Budgeting	Food labelling Healthy choices Online safety Offline safety Internal External Needs	Roles Negotiation Diverse lives Impact Managing feelings

Y4	Democracy Motivation Class Citizen Voice Peer pressure Judgment Appearance Acceptance Influences Impressions Disappointment Overcoming Resilience Positive attitude	Healthy friendships Smoking Alcohol Inner strength Assertiveness Being unique Body changes Transition Accepting change	Jealousy Love/loss Memories Girlfriends Boyfriends Negotiation/ compromise Bullying Stereotypes
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