

	KS1 Diverse Britain		
	PSHE Association Objectives	Health Objectives	Relationships Objectives
Lesson 1: My School	<p>L1. about what rules are, why they are needed, and why different rules are needed for different situations</p> <p>L4. about the different groups they belong to</p>	<p>Mental Wellbeing: that mental wellbeing is a normal part of daily life, in the same way as physical health</p> <p>Mental Wellbeing: how to judge whether what they are feeling and how they are behaving is appropriate and proportionate</p> <p>Mental Wellbeing: the benefits of physical exercise, time outdoors, community participation, voluntary and service-based activity on mental wellbeing and happiness</p> <p>Mental Wellbeing: that bullying (including cyberbullying) has a negative and often lasting impact on mental wellbeing</p>	<p>Caring Friendships: how important friendships are in making us feel happy and secure, and how people choose and make friends</p> <p>Caring Friendships: that healthy friendships are positive and welcoming towards others, and do not make others feel lonely or excluded</p> <p>Respectful Relationships: the importance of respecting others, even when they are very different from them (for example, physically, in character, personality or backgrounds), or make different choices or have different preferences or beliefs</p> <p>Respectful Relationships: practical steps they can take in a range of different contexts to improve or support respectful relationships</p> <p>Respectful Relationships: the conventions of courtesy and manners</p> <p>Respectful Relationships: that in school and in wider society they can expect to be treated with respect by others, and that in turn they should show due respect to others, including those in positions of authority</p>
Lesson 2: My Community	<p>R21. about what is kind and unkind behaviour, and how this can affect others</p> <p>L4. about the different groups they belong to</p> <p>L5. about the different roles and responsibilities people have in their community</p>	<p>Mental Wellbeing: how to judge whether what they are feeling and how they are behaving is appropriate and proportionate</p> <p>Mental Wellbeing: the benefits of physical exercise, time outdoors, community participation, voluntary and service-based activity on mental wellbeing and happiness</p>	<p>Respectful Relationships: practical steps they can take in a range of different contexts to improve or support respectful relationships</p> <p>Respectful Relationships: the conventions of courtesy and manners</p> <p>Respectful Relationships: that in school and in wider society they can expect to be treated with respect by others, and that in turn they should show due respect to others, including those in positions of authority</p>
Lesson 3: My Neighbourhood	<p>L2. how people and other living things have different needs; about the responsibilities of caring for them</p> <p>L3. about things they can do to help look after their environment</p>	<p>Mental Wellbeing: how to judge whether what they are feeling and how they are behaving is appropriate and proportionate</p> <p>Mental Wellbeing: the benefits of physical exercise, time outdoors, community participation, voluntary and service-based activity on mental wellbeing and happiness</p>	<p>Respectful Relationships: practical steps they can take in a range of different contexts to improve or support respectful relationships</p>

Resource	PSHE Association Objectives	Health Objectives	Relationships Objectives
Lesson 4: My Country	<p>R25. how to talk about and share their opinions on things that matter to them</p> <p>L6. to recognise the ways they are the same as, and different to, other people</p>	<p>Mental Wellbeing: that mental wellbeing is a normal part of daily life, in the same way as physical health</p>	<p>Respectful Relationships: the importance of respecting others, even when they are very different from them (for example, physically, in character, personality or backgrounds), or make different choices or have different preferences or beliefs</p> <p>Respectful Relationships: practical steps they can take in a range of different contexts to improve or support respectful relationships</p> <p>Respectful Relationships: that in school and in wider society they can expect to be treated with respect by others, and that in turn they should show due respect to others, including those in positions of authority</p>
Lesson 5: British People	<p>R23. to recognise the ways in which they are the same and different to others</p> <p>L2. how people and other living things have different needs; about the responsibilities of caring for them</p> <p>L6. to recognise the ways they are the same as, and different to, other people</p>	<p>Mental Wellbeing: that mental wellbeing is a normal part of daily life, in the same way as physical health</p>	<p>Respectful Relationships: the importance of respecting others, even when they are very different from them (for example, physically, in character, personality or backgrounds), or make different choices or have different preferences or beliefs</p> <p>Respectful Relationships: practical steps they can take in a range of different contexts to improve or support respectful relationships</p> <p>Respectful Relationships: that in school and in wider society they can expect to be treated with respect by others, and that in turn they should show due respect to others, including those in positions of authority</p>
Lesson 6: What Makes Me Proud of Britain?	<p>R25. how to talk about and share their opinions on things that matter to them</p> <p>L4. about the different groups they belong to</p>	<p>Mental Wellbeing: that mental wellbeing is a normal part of daily life, in the same way as physical health</p>	<p>Respectful Relationships: the importance of respecting others, even when they are very different from them (for example, physically, in character, personality or backgrounds), or make different choices or have different preferences or beliefs</p> <p>Respectful Relationships: practical steps they can take in a range of different contexts to improve or support respectful relationships</p> <p>Respectful Relationships: that in school and in wider society they can expect to be treated with respect by others, and that in turn they should show due respect to others, including those in positions of authority</p>