## **Moor First School**



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Dear Parent/Carer

## NSPCC's Speak out. Stay safe. programme

I am pleased to inform you that we are participating in the **NSPCC's Speak out. Stay safe. Programme** after the half term holiday. *Speak out. Stay safe.* is a programme for children aged 5-11 which aims to help children understand abuse in all its forms and to recognise the signs of abuse. Children are taught to speak out if they are worried, either to a safe adult or Childline.

This child friendly programme is aligned with the curriculum and consists of age-appropriate virtual assemblies and supporting classroom based activities which we have reviewed. The content is delivered in an engaging and interactive way with the help of the NSPCC mascot Buddy. If you would like to know more about the *Speak out. Stay safe.* programme visit www.nspcc.org.uk/speakout.

## **Additional NSPCC resources for families**

The NSPCC have shared important information on wider resources & support to help keep children safe.

Parent/Carer support	Activities to extend learning at home
Take a look at information, support and	Take part in games and activities at home to
activities from NSPCC for parents/carers.	help children learn about speaking out and
www.nspcc.org.uk/parents	staying safe.
	www.nspcc.org.uk/activities

Online Safety Hub	Childline – under 12's
For information on a range of different	Childline have an accessible website with
online safety topics including gaming,	support, games and activities. Children can
social media, sharing images and	change the language, enlarge text and listen to
parental controls.	the content.
www.nspcc.org.uk/onlinesafety	www.childline.org.uk/buddy (5-7)
	www.childline.org.uk/kids (7-11)

## Talk PANTS with your children

Talk PANTS is a simple conversation to help keep children safe from sexual abuse. From P through to S, each letter of PANTS provides simple but important messages. Download the free resources at <u>www.nspcc.org.uk/pants.</u>

I hope you find this information helpful. Please do contact me if you have any further questions.

Yours sincerely, Mrs Crowcroft PSHE Lead



**Staffordshire County Council** 



