

## WEEK ONE

MONDAY

Mac & Cheese (V) *or*  
 Mixed Bean Chilli with Rice (Ve)(Wg)  
 Choice of Jackets, Sandwiches or Tomato Pasta  
 Rainbow Veg  
 Scoop of Vanilla Ice Cream (V)

Mild & Sweet Chicken Curry with Rice (Wg)  
*or* Margherita Pizza with Jacket Wedges (V)  
 Choice of Jackets, Sandwiches or Tomato Pasta  
 Sweetcorn & Peppers, Cauliflower  
 Apple Crumble (Ve)(Wg) with Custard (V)

Roast of the Day with Roasties & Gravy *or*  
 Chickpea & Veggie Puff with Roasties (Ve)  
 Choice of Jackets, Sandwiches or Tomato Pasta  
 Broccoli, Sliced Carrot  
 Strawberry Jelly & Peaches (Ve)

Tuna & Pea Pesto Pasta (Wg)  
*or* Penne with Tomato Super Sauce (Ve)  
 Choice of Jackets, Sandwiches or Tomato Pasta  
 Green Beans, Swede  
 Chocolate Mousse with Pears (V)

Fish Fingers or Salmon Fish Fingers with Chips *or*  
 Falafel Wrap with Mint Yoghurt & Chips (V)  
 Choice of Jackets, Sandwiches or Tomato Pasta  
 Baked Beans, Garden Peas  
 Flapjack (Ve)

4/9/23, 25/9/23, 16/10/23, 6/11/23, 27/11/23, 18/12/23, 8/1/24,  
 29/1/24, 19/2/24, 11/3/24

## WEEK TWO

Vegetable Lasagne (V) *or*  
 Lentil & Mushroom Keema Curry with Rice (Ve)  
 Choice of Jackets, Sandwiches or Tomato Pasta  
 Rainbow Veg  
 Scoop of Vanilla Ice Cream (V)

Chicken Paella (Wg)  
*or* Margherita Pizza with Jacket Wedges (V)  
 Choice of Jackets, Sandwiches or Tomato Pasta  
 Sweetcorn, Green Beans  
 Apple & Pear Crumble (Ve)(Wg) with Custard (V)

Roast of the Day with Roasties & Gravy *or*  
 Homemade Veggie & Stuffing Roll with Roasties &  
 Gravy (Ve)  
 Choice of Jackets, Sandwiches or Tomato Pasta  
 Cauliflower, Carrot Batons  
 Orange Jelly & Mandarins (Ve)

Penne with Chicken Meatballs in Classic Tomato  
 Sauce (Wg)  
*or* Penne with Classic Tomato Sauce (Ve)(Wg)  
 Choice of Jackets, Sandwiches or Tomato Pasta  
 Cabbage, Garden Peas  
 Banana Custard (V)

Fish Fingers or Salmon Fish Fingers with Chips *or*  
 Vegball Marinara Sub with Chips (V)  
 Choice of Jackets, Sandwiches or Tomato Pasta  
 Baked Beans, Garden Peas  
 Chocolate Shortbread (Ve)

11/9/23, 2/10/23, 23/10/23, 13/11/23, 4/12/23, 25/12/23, 15/1/24,  
 5/2/24, 26/2/24, 18/3/24

## WEEK THREE

Pizza Mac & Cheese (V) *or*  
 Mild Sweet Potato & Chickpea Curry with Rice (Ve)  
 Choice of Jackets, Sandwiches or Tomato Pasta  
 Rainbow Veg  
 Scoop of Vanilla Ice Cream (V)

Chicken Tandoori with Golden Rice (Wg)  
*or* Margherita Pizza with Jacket Wedges (V)  
 Choice of Jackets, Sandwiches or Tomato Pasta  
 Sweetcorn, Green Beans  
 Peach & Pineapple Crumble (Ve)(Wg) with  
 Custard (V)

Roast of the Day with Roasties & Gravy *or*  
 Veggie Sausage Toad in the Hole with Roasties &  
 Gravy (V)  
 Choice of Jackets, Sandwiches or Tomato Pasta  
 Cabbage, Sliced Carrot  
 Strawberry Jelly & Pineapple (Ve)

Chicken, Broccoli & Sweetcorn Pasta Bake (Wg)  
*or* Penne with Beany Bolognese (Ve)(Wg)  
 Choice of Jackets, Sandwiches or Tomato Pasta  
 Swede, Shredded Carrots  
 Chocolate Mousse with Mandarins (V)

Fish Fingers or Salmon Fish Fingers with Chips *or*  
 Garden Vegetable Goujons with Chips (Ve)  
 Choice of Jackets, Sandwiches or Tomato Pasta  
 Baked Beans, Garden Peas  
 Iced Shortbread (Ve)

18/9/23, 9/10/23, 30/10/23, 20/11/23, 11/12/23, 1/1/24, 22/1/24,  
 12/2/24, 4/3/24, 25/3/24

V - Vegetarian Ve - Vegan Wg - Wholegrain



Freshly baked bread, fresh fruit, yoghurts and fresh drinking water available daily