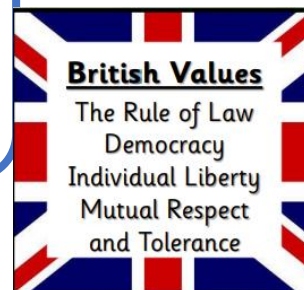


Year 1

Summer 1

Moor First PSHE  
Knowledge  
Organiser Aiming  
High



## Weaving concepts



### What should I already know?

I am confident to try new activities.

Show independence, resilience and perseverance

#### Key Vocabulary

**aspire**

To hope to **achieve** something.

**achieve**

To do something successfully.

**ambitions**

Things we would like to do or **achieve**.

**value**

To feel that something is important.

**responsibilities**

Tasks that we do to contribute or things we are in charge of.

**strength**

Something we are good at.

**skill**

A talent we work at.

**stereotype**

Assuming a group of people will behave in the same way because of a shared characteristic.

**qualities**

Special things about ourselves and others.

**self-esteem**

The way we feel about ourselves.

**confidence**

Feeling good about ourselves or something we are doing.

**challenge**

Something that may be difficult or needs to be worked on.

**resilience**

Trying again when we have found something difficult.

**goal**

Something we can work towards.

**qualification**

Learning we have completed, that enables us to try something new.

### Sticky Knowledge

#### Key Learning Point: Having a Positive Learning Attitude

Self-talk to help a positive learning attitude:

- I want to try my best with this learning task;
- If I keep trying, I will improve;
- By learning from my mistakes, I can get better;
- This is a new challenge for me and I like learning new things;
- I can't do this yet, but I will.