

Year 2 Spring 1

Moor First PSHE Knowledge Organiser – VIP's

Key Vocabulary

- VIPs Very Important Persons. These will be different for everyone, but will include family and friends. They are people who we care about and trust, who help us to feel safe and who we enjoy spending time with.
- special people Someone who we feel close to and care about.
- care The way we feel towards people we love. To provide things people need.
- kind To be friendly, considerate and generous to others.
- help To give someone a hand to do something.
- trust To feel someone is reliable.
- love The emotion we feel for people who are special to us.
- safe Being protected from danger or harm.
- similarities Ways we are the same.
- differences
 Ways we are not the same.

 cooperate
 To work together to achieve something.
- friends People who we like a lot and know well.

What should I already know?

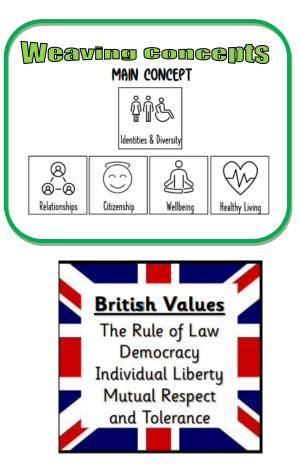
- I can feel lots of emotions.
- I am unique and special.
- I can work part as a team.

Sticky Knowledge

Key Learning Points:

Qualities in a Good **Friend**: There are lots of things that make friendships **special**. These are some qualities that good **friends** have:

- Being a good listener;
- Being caring;
- Being helpful;
- Showing kindness;
- Being trustworthy;
- · Being honest.



Feelings of a Healthy Relationship: Every relationship is different but there are certain feelings we should get from a positive relationship. Positive relationships should help us to feel:

- safe;
- happy;
- · loved;
- cared for;
- · healthy.



