

Year 2

Summer 2

Moor First PSHE
Knowledge
Organiser – Growing
Up



Weaving concepts



Key Vocabulary

- genitals:** Parts of our body that are private. Females have **genitals** called a **vulva** and a **vagina**, and males have **genitals** called a **penis** and **testicles**.
- private parts:** Parts of our body that are just for us.
- similar:** To be like someone else or the same in certain ways.
- different:** To not be the same in certain ways.
- vulva:** Part of the female **genitals**.
- penis:** Part of the male **genitals**.
- vagina:** Part of the female **genitals**.
- testicles:** Part of the male **genitals**.
- respect:** A way of treating or thinking about someone that shows they are important and they are valued.
- consent:** To give permission or agree to something.
- trusted adult:** Adults who we know we can talk to about anything that worries us.
- rules:** Instructions we need to follow to stay safe.
- stereotype:** Thinking someone knows something about someone else based on the way they look, the way they speak, where they come from or their gender.
- unique:** Something that is special and unlike anything else.
- change:** When something becomes different.

What should I already know?

Our Bodies are Our Own: No one should make us feel **uncomfortable** about anything they do to us. If someone has touched our body in a way that we don't like, it is very important we:

- tell them to stop it because we don't like it;
- run to a **trusted adult**;
- tell them what has happened.

Key Learning Points

Safety Rules: There are lots of **rules** to help us stay **safe**. We have **rules** to help us stay **safe** at school, at home, when we are playing inside and when we are out and about. It is important we all know the **rules** that can help us to stay **safe**.

Sticky Knowledge

Key Learning Points:

Respect and Consent: It is important to show respect to everyone as we are all equal and deserve to be healthy and happy. Our bodies belong to us and it is important people **respect** our bodies through their actions as well as their words. Asking for **consent** before touching someone's body is a very important way to show this **respect**.

Valuing Differences: As we grow and **change**, there are many similarities and differences we might notice between ourselves and others. These should be celebrated and valued because they are a way we can learn from each other. Learning from and enjoying the differences between ourselves and others avoids stereotyping and values the many ways we are all **unique**.