

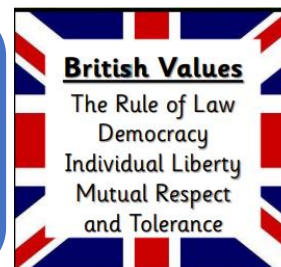


Moor
First School

Year 4

Summer 1

Moor First PSHE
Knowledge
Organiser – Safety
First



Weaving concepts



What should I already know?

Key Vocabulary

alcohol	Alcohol is an ingredient in many adult drinks. It is illegal to buy alcoholic drinks if you are under 18 years old.
choice	Something we have the power to make when there is more than one possibility.
cigarette	A cylinder of finely cut tobacco rolled in paper for smoking. It may also contain other substances. Smoking cigarettes causes many health problems.
danger	Something which can cause harm, injury or suffering.
dare	A challenge given by someone. Dares can put pressure on someone to do something that could put them in danger .
drugs	A medicine or other substances which affect the body when taken. There are legal (allowed by law) and illegal (not allowed by law) drugs .
e-cigarette	An electronic cigarette . Instead of smoke, the user breathes in vapour. Using an e-cigarette is often called 'vaping'. Some dangerous chemicals have been found in them.
emergency	A serious and often dangerous situation. People in emergency situations need help straight away.

first aid	The first help given straight away to someone who is ill or injured.
hazard	Something that could cause harm or danger .
medicine	A drug or other remedy to treat, help or prevent illness.
peer pressure	The pressure people can feel to behave in a certain way because their friends or people they spend time with expect it.
responsibility	The control we have over our actions and choices .
risk	A possibility of danger or harm.
safety	Being protected or kept safe from danger , risk or harm.
wellbeing	How comfortable, happy and healthy we feel and how able we are to cope with daily life.

Key Learning Points

Safety Rules: There are lots of **rules** to help us stay **safe**. We have **rules** to help us stay **safe** at school, at home, when we are playing inside and when we are out and about. It is important we all know the **rules** that can help us to stay **safe**.

Getting Help: If anything makes us feel uncomfortable or **unsafe**, it is very important we get the help of a **trusted adult** straight away. We can shout, run and tell the **trusted adult** what has happened and they will help us.

Sticky Knowledge

Key Learning Point: The Primary Survey

We should follow the steps in the primary survey (with DR ABC) to help a casualty. The primary survey includes a series of checks to help the first-aider decide if there are any urgent threats to life. These checks are in order of importance. It is always best we shout for help and ask someone to dial 999 or 112 if possible while we work through these steps.

1. **D** is for **Danger** - check for **hazards** to assess the **danger**.
2. **R** is for **Response** - talk to the casualty and try to get a response.
3. **A** is for **Airway** - check the casualty's airway and clear it if necessary.
4. **B** is for **Breathing** - check that the casualty is breathing.
5. **C** is for **Circulation** - check the casualty for bleeding.